

REQUIREMENTS FOR COURSE 1:

EQUIPMENT:

1. 1 x Pencil Tri-plus and HB
2. 1 x Pencil sharpener.
3. 1 x Eraser.
4. 1 x Paper scissor.
5. 1 x Lever Arch file.
6. 10 x Plastic sleeves.
7. Thread to match fabric
8. * 1 x Pins.
9. * 1 x Pin cushion.
10. * 1 x Dress markers chalk.
11. * 1 x Fabric scissors.
12. * 1 x 60cm steel ruler.
13. * 1m Interlining/Fusing.
14. * Tape Measure.
15. * Seam gauge.
16. * Thread clippers.
17. * Pattern weights.
18. * Unpicker.
19. * Tracing Wheel.

Sewing Kit (Basic Essentials): R300.00

Sewing kits consists of the following:

- Fabric scissors
- Pins
- Pin Cushion
- Seam Gauge
- Dressmakers chalk
- Measuring Tape
- Thread clippers
- Interlining
- Unpicker

All numbers marked with an * can be bought at Sew and Grow Sewing School as well as the Sewing kit

1st Project: Draw String Bag:

- 75cm cotton fabric.

2nd Project: Wrap over Skirt:

- 150 wide x 1.5m long cotton fabric **or**
- 115 wide x 2m long cotton fabric.

3rd Project: Causal Pants:

Size 4-14:

- 150 wide x 1.5m long Cotton (soft) **or**
- 115 wide x 2.3m long Cotton (soft)

Size 16-24:

- 150 wide x 2.3m long Cotton (soft) **or**
- 115 wide x 2.6m long Cotton (soft)

4th Project: Raglan Blouse:

- 115 wide x 2m long Cotton/Viscose **or**
- 150 wide x 1.5m long Cotton/Viscose.

5th Project: Shell Top:

- 150 wide x 1.5m long Cotton/ Medium Weight Viscose **or**
- 115 wide x 1.5m long Cotton/Medium Weight Viscose.
- Fusing.

6th Project: Tote Bag:

- Fabric A – 1m medium weight Cotton.
- Fabric B – ½ m medium weight Denim fabric.

7th Project: Cushion Cover:

- ½ m medium weight Cotton or Denim.
- 40cm x 40 cm Cushion Inner.
- 30cm Regular Zip

No Stretch fabrics, No georgette, and chiffon.

Please check swatches before buying fabrics in first class!

Note! Please pre-wash any cotton and Viscose fabric.